

# DO-IT-YOURSELF VOLUNTEERING GUIDE



If you didn't find a volunteering activity of your choice, plan one yourself!



# WE NEED TO ACT NOW TO TRIGGER CHANGE



THE WORLD NEEDS OUR COMBINED EFFORTS TO MAKE IT A BETTER PLACE. SO,

- Voice your ideas
- Make a plan
- Gather more people
  - And jump into action







## TATA ENGAGE BELIEVES IN USHERING IN CHANGE, ONE PERSON AT A TIME.

This **Do-It-Yourself Guide** will help you kick start your ideas and put them into action.

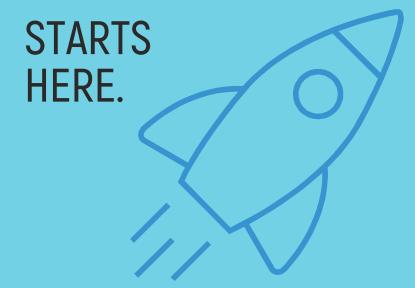






IF YOU ARE WILLING
TO CHALLENGE YOURSELF
& MAKE A DIFFERENCE,
THE FIRST STEP









# WHO CAN PARTICIPATE?



ALL TATA EMPLOYEES



THEIR FAMILY MEMBERS



RETIRED TATA EMPLOYEES





# **HOW**TO GO ABOUT IT?

**Register/Log in** to the Tata Engage Website/App, or contact your CSR/Volunteering Specific Point of Contact (SPOC).

Or conduct your **own volunteering activity**. This guide will help you plan it.

If you are already volunteering at a **non-profit** during TVW, tell us what activity you are conducting and where. We will be thrilled to include it as a part of TVW16.

Write to tataengage@tata.com to inform us. Inform your CSR/Volunteering SPOC about it.





### WHERE

## DO I FIND TATA VOLUNTEERING OPPORTUNITIES?

Login to Tata Engage website using your official ID.

Go to Menu - Tata Volunteering Week - View opportunities page to browse through the **volunteering opportunities** available for you.

Alternatively download and login to the Tata Engage app.

Filter through the activities and register for an activity of your choice.

The opportunities are open to Employees, Family Members and Retirees.



4









### GOING SOLO?



#### **INFORM**

your Company CSR/Volunteering SPOC.

#### **GET**

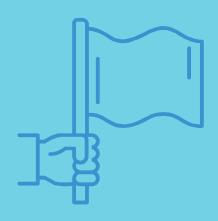
requisite permission from your preferred non-profit.

#### **CHECK**

with your SPOC for help in finding a non-profit that suits your area of interest.

#### **UPLOAD**

your volunteering activity details post completion on the Tata Engage website using the link: https://tataengage.com/VolunteeringHours.aspx









### Care for Your Elders

#### HOW?

**CONTACT** a local elderly home

**OFFER** to organise a few fun games and/or an entertaining evening

BRING your family and friends along

**ARRANGE** for food, snacks and beverages if the non-profit permits

#### WHAT ELSE?

**VISIT** old age homes to simply have a conversation over tea and lend a patient ear

**HELP** out in their daily chores

**CELEBRATE** a birthday, an anniversary or a special day of the month with seniors at an old age home











## Be the Cool Teacher! READY TO MAKE LEARNING FUN?

#### HOW?

**CONTACT** a local school for the under privileged or the specially-abled

**OFFER** to conduct a fun and interactive session on drawing, art and craft

**ENSURE** that you carry all the requisite supporting apparatus (stationery, etc.)

**ENLIST** assistance from the school if required (access to classrooms, special time, etc.)

#### WHAT ELSE?

**VISIT** non-profits to conduct age-appropriate storytelling sessions or motivational talks

**TEACH** beneficiaries about road safety through skits

**SPREAD** awareness on recycling and show the various ways through which waste can be minimised









# Creative Juices Flowing READY TO SPARK YOUR IMAGINATION?

#### HOW?

4

**CONTACT**a local school for the underprivileged for online classes

**OFFER** to conduct an interactive session on any creative activity online, be it drawing, painting, guitar lessons or writing workshops

**ENSURE** that you send in a list of requirements for participants, like drawing tools, instruments, etc.

**ENLIST** assistance from the school to organise the online sessions

#### WHAT ELSE?

**ORGANISE** an online exhibition of student art and craft or a Zoom jam session

**SPREAD** awareness on various issues by organising a creative poster making activity









# Help Find 'Fur-ever' Homes!

#### **READY TO BETTER THE LIVES OF THE VOICELESS?**



**CONTACT** a local animal shelter to help them with their online presence

**OFFER** to help setup adoption drives through social media

**ORGANISE** a photo shoot for the animals up for Adoption and make social media posts for each

**ENLIST** assistance from the shelter in collecting images and details

#### **WHAT ELSE?**

**FOSTER** animals at your home if a shelter is having trouble accommodating them

**WRITE** social media posts for NGOs and help by providing content buckets for the future











## Stronger Together!

#### WILLING TO LEND A HELPING HAND?



**CONTACT**a non-profit

**OFFER** to assist with their daily chores (cooking, cleaning, reception duties and so on)

**REACH** out to other colleagues to join in

**HELP** update their website information or pump up their social media presence

#### WHAT ELSE?

**CLEAN** a local garden and plant a few saplings

**PAINT** a school and make the learning space colorful and fun









# Have a Good Trip! READY TO REDISCOVER THE CHILD WITHIN YOU?

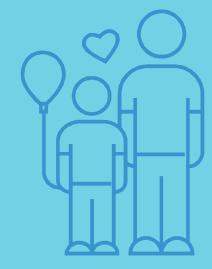
#### HOW?

**CHOOSE** a non-profit where you can volunteer to lead a children's expedition group to a nearby zoo, museum, etc.

**TAKE** support from their staff members for the purpose of safety

**BEAR** in mind that you would need to keep a head count

**ENSURE** availability of safe and hygienic food and beverages, and arrange adequate transport options for everyone









# Have a Good Trip! READY TO REDISCOVER THE CHILD WITHIN YOU?

#### **WHAT ELSE?**

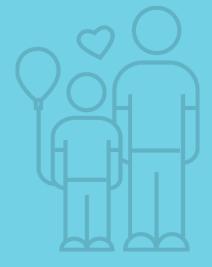
ARRANGE a picnic for children in your society's playground

**TAKE** children to a kids' book reading session or a children's theatre workshop

**ASSIST** a school in their annual day function

**COOK** meals for a group of less fortunate people

**SPREAD** awareness on health and hygiene









## Start With Your 'Hood READY TO BRING CHANGE AROUND YOU?

#### HOW?

**IDENTIFY** a problem in your neighbourhood – a polluted pond or lake, garbage dump etc.

**RALLY** support from your neighbours to join in and participate in a clean-up drive

**CREATE** a WhatsApp group, email list or social media group to organise the activities

**ENSURE** availability of safety gear and equipment like gloves, masks, trash bags, rakes, pickers, etc.









## Start With Your 'Hood READY TO BRING CHANGE AROUND YOU?

#### WHAT ELSE?

**ARRANGE** a neighbourhood nature walk to trigger greater appreciation for our natural environment

**TAKE** a survey and identify neighbours who are old and living alone and offer to assist them with any of their chores

**OFFER** to tutor your house help's children in one or more subjects you are familiar with









## Start With Your 'Hood READY TO BRING CHANGE AROUND YOU?

#### WHAT ELSE?

**CONDUCT** career counselling sessions for youth

**ORGANISE** a neighbourhood safe-disposal group that collects electronic waste

**CONDUCT** a session on financial literacy for people from the lower income community (house helps, cooks, drivers, guards, etc.)







## THE LIST IS ENDLESS,

#### **ALL YOU NEED TO DO IS GET GOING**



**GATHER** old and unused toys, clothes, furniture and appliances and share them with a non-profit

**ARRANGE** a book exchange where one can bring in their old books and share them with less fortunate kids

#### **PLANT**

seedlings to increase green cover of a place

#### **MOTIVATE**

your friends, family members and colleagues to act now







### REPORTING GUIDELINES

#### **ALL YOU NEED TO DO IS GET GOING**

Take screenshots of the online sessions. Click pictures/videos of the activity in a good resolution, if it is an onsite activity.

Post completion of the activity, upload it on the TataEngage website: https://tataengage.com/VolunteeringHours.aspx

Share with Tata Engage Team **(tataengage@tata.com)**, the screenshots/pictures (as attachments) and a short write-up on what happened (including date & no. of beneficiaries) by emailing at tataengage@tata.com.

Update participation details if you are organising the activity (no. of participants & duration of activity) against the activity in the reporting format.









## **DO**(s)

**ACT** responsibly and sensibly towards the communities and non-profit staff

**TREAT** every individual equally without discriminating based on age, race, culture, religion, caste, disability, gender or sexuality

**TREAT** any sensitive/personal information received during volunteering as confidential

**REFRAIN** from making statements to the media/press

**TAKE** responsibility for your and your wards' safety, especially during field visits, if any

**MAINTAIN** proper conduct as you are representing your company

**REFRAIN** from any activity that will affect the reputation/image of the company or Tata group







## DO NOT(s)

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**SHOW** any kind of affiliation to any religious or political institution

**PROMISE** anything to the non-profit on behalf of the Tata group or your company

**MAKE** commitments you may find difficult to keep

**TAKE** photographs or videos at the volunteering venue without taking permission of the non-profit and the beneficiaries

**HAVE** expectations of any special treatment

**LOITER** at or around the venue of the volunteering activity

**DRESS** extravagantly and crosstalk in English

**USE** words like 'leper', and other politically incorrect terms





# DON'T FORGET TO REPORT BACK!

SHARE YOUR STORY AND INSPIRE OTHERS! WE ARE WAITING TO HEAR FROM YOU.





YOU MAY WRITE TO

tataengage@tata.com





# WHAT ARE YOU WAITING FOR?

**SHOW US YOU ARE IN.** 



Log on to

#### www.tataengage.com

Or Download the Tata Engage App







